



What You Should Know

- 25,500 men will be diagnosed with PC this year alone (2009).
- 4,400 men will die of the disease this year.
- During his lifetime, 1 in 6 men will be diagnosed with the disease.
- Prostate cancer is the most common cancer to afflict Canadian men.
- Rates of prostate cancer in men are comparable to rates of breast cancer in women.
- The incidence of prostate cancer is increasing due to the aging of the population.
- Over 90% of prostate cancer cases are curable if detected and treated in their earliest stages.
- It is a far greater threat for those with a family history of prostate cancer.
- Prostate cancer is turning up in men in their 40s.
- Prostate cancer develops as a result of dietary, environmental and heredity factors but more research is needed to identify its causes and prevent the disease.
- Prostate cancer has no symptoms in its earliest, most curable stage – so if you are 40 years old, we recommend you talk to your doctor about a prostate examination, including a digital rectal exam (DRE) and a prostate specific antigen (PSA) blood test.
- Thought to be a potentially preventable cancer in many cases, but more research is needed and government support for this research is inadequate.

For more information on prostate cancer, please visit Prostate Cancer Canada's website at **prostatecancer.ca**